

STATISTICS

First responders are twice as likely to develop PTSD

**243 First Responders
Committed Suicide in 2017**
(2018 statistics not yet available)

What is PTSD?

PTSD (Post Traumatic Stress Disorder) is a mental health condition caused by witnessing or experiencing a traumatic event or many traumatic events over time.

PTSD can cause insomnia, nightmares, persistent anxiety.

Someone who has PTSD cannot simply “get over it” and may not seek help due to fear of being labeled or losing their job for seeking help.

Resources

National Suicide Prevention Lifeline
1-800-273-8255
Veterans Crisis Helpline
1-800-273-8255 & press 1

Fire/EMS Helpline
1-888-731-3473

Copline
1-800-267-5463

WHO WE ARE

ABOUT US

Who are we? We are Paramedics, EMTs, Firefighters, Law Enforcement, Corrections Officers, Nurses, Doctors, Military Veterans, Emergency Mangers, and so much more. We are your brothers, sisters, fathers, mothers, daughters, sons, cousins, aunts, uncles...we are members of your community who care about the needs of the citizens. We are the ones who run toward the disasters, the pain, the hurt, the fight. We are the ones who put our lives on the line to protect others. We are the ones who are up all night, on call on weekends and holidays, the ones who are exhausted but keep going because citizens need us, our communities need us, our Country needs us. We realize we are all broken, but together, we are strong. We are united for the same mission.

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**IRON MEDICS
EMS
MOTORCYCLE
CLUB, INC.**

*VITA ET MORTEM
(LIFE AND DEATH)*



The Iron Medics EMS Motorcycle Club, Inc. was founded September 14, 2018 as an independent, non-profit, fraternal organization. It was established to provide the opportunity for increased camaraderie between active and retired public safety personnel (to include military) and select citizenry, who enjoy riding motorcycles and attending motorcycle related events. The Iron Medics EMS/MC Club rides and events are intended to promote safe activities that will help to achieve our goal of raising awareness to First Responder and Veteran PTSD/Depression and suicide prevention.

In addition to support for PTSD and suicide prevention, the Iron Medics EMS MC is also positioned to assist injured First Responders when their agencies fail to take care of them when they are injured in the line of duty. We are all one big family, Brothers and Sisters, protecting our communities and the Iron Medics EMS MC is here to help protect you.

AFFILIATE ORGANIZATIONS

These are some of the organizations we support and work with to fulfill our mission.

Wounded Blue Foundation

www.thewoundedblue.org

Range 2.14

www.range214.org

Support 1 – CISM Training

www.support1.org

SC EMS Association

www.emsassociation.com

SC F.A.S.T.

<https://scfirefighters.org/firefighters-assistance-and-support-team-fast/>

Code Green Campaign

www.codegreencampaign.org

Code9 Project

www.code9project.org

Code9 PTSD

www.code9ptsd.org/au



HOW YOU CAN HELP

DONATE!

Please consider donating to our organization so we can continue our mission and help first responders suffering from PTSD and line-of-duty injuries.

GET INVOLVED!

Are you an EMS provider or work in the medical field or other first responder? Consider joining our organization. We are always looking for passionate first responders who want to join the fight against first responder suicide and suicides.

HOST A SEMINAR

Request us to host a seminar at your agency. Seminars cover topics such as awareness, preventions, and personal stories from survivors of PTSD and attempted suicide.

PEER SUPPORT

If anyone in your agency is in need of Peer Support, we have individuals who are certified in Peer Support. Contact us for Peer Support services.